

THE HAVEN SPA

Beauty and Wellness

SPA BODY TREATMENT

FO 0630

A MASSAGE THERAPY

Aromatic Body Bliss Massage

60 mins RM 170+
Nett 197.20*

90 mins RM 250+
Nett 290.00*

Discover the essence of nature in a pure moment of luxury.

Lymphatic Massage

60 mins RM 170+
Nett 197.20*

90 mins RM 250+
Nett 290.00*

Refines the body by draining toxins. Reshapes for better toned skin and uplift. An effective treatment for reducing stress, pain and muscle tension.

Traditional Urut Massage

60 mins RM 170+
Nett 197.20*

90 mins RM 250+
Nett 290.00*

A Japanese massage that includes *tui na* (pinch and pull), the external and internal, skin and muscles, bones and joints, and allows the targeted muscles and soft tissues to relax. Shiatsu is also well-known for relieving stress and calming nerves.

B EXPRESS TREATMENT

Head & Hand Massage

30 mins RM 105+
Nett 121.80*

This treatment helps calm your mind and relax your body after a tiring day.

Back, Neck & Shoulder Massage

45 mins RM 140+
Nett 162.40*

Pressure point techniques are applied to your shoulders, neck and back. This treatment helps release stress and relieve stiff muscles.

C REFLEXOLOGY

Foot Reflexology

45 mins RM 130+
Nett 150.80*

Based on ancient Chinese philosophy, foot reflexology improves blood circulation in the feet and throughout the body.

D BODY WRAP

Dead Sea Mud Wrap

45 mins RM 260+
Nett 301.60*

Enhance the health and appearance of your skin, reduce body measurements, toxins and excess water from the skin, and detoxify and nourish it.



Only available to residents, owners, guests and their friends.
* Prices are inclusive of 10% Service Charges and 6% Service Tax.

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E FACIAL THERAPY

Sensational Eye Treatment 30 mins RM 160+
Nett 185.60*

This sensational eye treatment relieves tired eyes, and reduces puffiness and dark circles.

Purifying Facial 60 mins RM 198+
Nett 229.68*

An essential treatment that purifies and detoxifies the skin.

Moisturising Facial 60 mins RM 198+
Nett 229.68*

An essential moisturizing treatment that replenishes the skin with an optimal balance of moisture and lipids.

Skin Power Eye Lift Treatment 30 mins RM 210+
Nett 243.60*

The ultimate lift for the eye contour area - soothing, firming and toning that restores youthful sparkle to the eyes.

Synergy Treatment 60 mins RM 240+
Nett 278.40*
- Combination Skin, Dry & Dehydrate Skin,
Sensitive Skin, Dry, Tired and Uneven Skin Tone

An effective "Thirst Quencher" treatment that binds moisture and forms a protective film to prevent moisture loss.

Professional Facial Treatment 60 mins RM 320+
Nett 371.20*

An intensive treatment that regenerates, strengthens and vitalizes very stressed, tired and weak skin. It gives the complexion a youthful, fresh and vitalized look.

Deluxe Ultimate Anti-Ageing Treatment 75 mins RM 480+
Nett 556.80*

Global anti-ageing (lifting effect). Pigmentation/A regenerative "anti-ageing miracle".

The Haven Spa Signature Deluxe Facial Treatment 75 mins RM 580+
Nett 672.80*

A regenerative "anti-ageing miracle..."
The skin structure is greatly improved and refined; fine lines and wrinkles are visibly reduced, leaving the skin looking soft and rosy.

F BODY SCRUB

Aromatic Sea Salt Scrub 30 mins RM 230+
Nett 266.80*

The essence of nature in a pure moment of luxury & relaxation. Go beyond exfoliation to relaxation, detoxification and more.

The Spa Signature Deluxe Body Glow 45 mins RM 290+
Nett 336.40*

60 mins RM 430+
Nett 498.80*

A Luxury & Deluxe Material essence and intensive stem-cells which help restore tired skin to its former glory, smoothing and refining it. The effect is significant.

G SPA JOURNEY - PACKAGE

Balancing 2 hrs RM 390+
Nett 452.40*
Aromatherapy Massage. 60 mins
Synergy Facial Treatment. 60 mins

Vitality The Spa 2 hrs RM 460+
Nett 533.60*
Aromatic Sea Salt Body Glow. 30 mins
Aromatic Body Bliss Massage. 90 mins

Oriental Magic 3 hrs RM 590+
Nett 684.40*
Oriental Body Glow. 45 mins
Aromatic Body Bliss Massage. 60 mins
Synergy Facial Treatment. 75 mins

Honeymoon Package (Per person) 3 hrs RM 850+
Nett 986.00*
The Spa Signature Deluxe Body Glow. 45 mins
Aromatic Body Bliss Massage. 60 mins
Signature Deluxe Facial Treatment. 75 mins

Operating Hours: 11:00am – 10:00pm
Venue: 1st Floor, Clubhouse
Call +605 540 0015 or intercom #4